

Portfolio

For Applicants without prior academic qualifications

for the Master's Program in the subject of

Eurythmy

at Alanus University

Personal details

Surname	
First name	
Course of study	
Place of residence	
Address	
Telephone	
E-mail	

1. Education, Training

(Records of completed courses must be submitted)

Time: from...to (Years)	Type of schooling or training	Full or part-time	Institution	Qualification	Type of graduation or certification

Which capacities/competencies that are important for an academic course in eurythmy and which could be useful for your own further training did you develop:

a. In your school time

b. In your subsequent trainings (please attach additional pages if necessary)

a. In school:

b. In further trainings:

1. Professional Activities

Please choose from your previous professional activities those that you feel have given you skills and capacities relevant for engaging in an academic course in eurythmy.

Please use a separate sheet of paper for each professional activity.

Nr. 2/1	Description of the activity:	Practised from-to:	Employer, organisation, field of activity:	When possible supply records:
Please describe what you did, your responsibilities, which practical, social and personal skills were involved and if your activity included directing or supervising others.		Describe the knowledge, capacities and skills you developed from this activity. What is your assessment of your own abilities?		

2. Non-professional activities (honorary offices/positions, volunteer work, family activities, etc.)

Please choose from previous activities outside of your professional work, those you feel have given you skills and capacities relevant for engaging in an academic course in eurythmy. Fill this out only if this is the case and includes a learning process.

Nr. 3/1	Description of the activity:	Practised from-to:	Organisation, field of activity:	When possible supply records:
Please describe what you did, your responsibilities, which practical, social and personal skills were involved and if your activity included directing or supervising others.		Describe the knowledge, capacities and skills you developed from this activity. What is your assessment of your own abilities?		

3. Special biographical events, crises, turning points, etc.

Please highlight important biographical events that gave you experiences and capacities that can be applied to the study of an academic course in eurythmy. Only describe those relevant learning experiences that you wish to include.

Nr. 4/1	The nature of the biographical event:	What did it bring?
Please describe the essence of the event, key experiences, and your role, activity and response as well as the challenges that you faced.	What did you learn from this biographical event? Which capacities did you develop through it? Which competencies did you become aware of through this event? (Please focus only on that which may be relevant for undertaking an academic course in eurythmy.)	

4. Assessment: Your personal competence and potential to undertake an academic course in eurhythm (Summary)

Please summarise your previous remarks: I bring the following potential and capacities to the study of eurhythm at Alanus Hochschule:

5/1 Competence in Eurhythm				
Subject area	What can I do?	How well can I do it?	Basis for this out of previous experiences (key phrases)	What do I still need to learn? (faculties to develop)
Speech eurhythm				
Tone eurhythm				
<p>Below address a selection of your own categories: For example: solo performances; ensemble eurhythm; directing/choreography; other movement experiences in connection with eurhythm; the development of a therapeutic attitude; therapeutic responsibility; an understanding of illness and how to diagnose and develop treatment; directing/choreography for group projects, particularly for children and young people; development of a pedagogical attitude/stance; perception of particular constitutional issues and how to deal with them; working together with, for example, colleagues, parents and therapists; organisational skills; the development of research material; competence in scientific methods; skill (scientifically oriented) in presenting content orally and in written form; documentation skills.</p>				

5/2 Competence in the use of teaching methods				
Subject area	What can I do?	How well can I do it?	Basis for this out of previous experiences (key phrases)	What do I still need to learn?

5/3 Social Competence				
Subject area	What can I do?	How well can I do it?	Basis for this out of previous experiences (key phrases)	What do I still need to learn?

5/4 Study skills				
Subject area	What can I do?	How well can I do it?	Basis for this out of previous experiences (key phrases)	What do I still need to learn?
Self organisation				
Independent learning				
Discipline for practising				
Using subject literature				
Logical/analytical thinking				
Taking in complex thoughts				

Presenting complex thoughts in oral and written				
Stamina				
Cultural understanding (general education)				
.....				

5/5 Any additional experience or skills				
Subject area	What can I do?	How well can I do it?	Basis for this out of previous experiences (key phrases)	What do I still need to learn?